

# TRADEN

## Courses / Classes Available (Approx. Pricing at bottom)

- Grief/Loss (1.5 hrs)
- Trauma/Abuse Resolution (1.5 hrs)
- Self Esteem/Identity (1.5 hrs)
- Anger Management & Conflict Resolution (4 hrs)
- Rationality/Control Locus (1.5 hrs)
- Stress Reduction (1.5 hrs)
- Dependency/Relapse Prevention (1.5 hrs)

FORWARD is a course that covers a **selection** of, or all, the above topics and is up to an 8 hour program.

ASCENDENT is a course designed to show the relation of the transcendent to dependency issues and the connection that can help bring healing, recovery and a whole new way of seeing life! (8 hrs)

Other courses available!

1.5 hr classes **\$25-\$50\***

4 hr classes **\$75-\$150\***

8 hr classes **\$150-\$300\***

\*Non-Profit, /Church, Seminar and Group **discount** rates available.

OR other agreed upon arrangements.